

Reclaim "Bring Intimacy Back"



IMPORTANT



**READ THESE INSTRUCTIONS CAREFULLY
BEFORE USING THE RECLAIM VACUUM
THERAPY SYSTEM.**

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Commonly Asked Questions

What is Erectile Dysfunction (E.D)?

Erectile Dysfunction, or impotence, is the inability to achieve or sustain an erection suitable for sexual intercourse.

Problems with erectile dysfunction may stem from medications, diabetes, chronic illnesses or poor blood circulation. About 43% of men with erectile dysfunction over 50 years old choose to use vacuum therapy to treat their impotence.

What is Vacuum Therapy (V.T)?

Vacuum therapy is a safe, non-surgical means of helping men with erectile dysfunction. Vacuum therapy has a success rate of over 95%. Vacuum therapy has virtually no side effects and if used properly, the ReClaim Vacuum Therapy System will work for virtually all men.

How does ReClaim work?

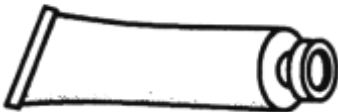
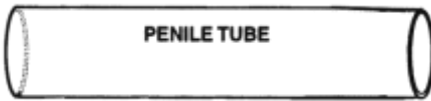
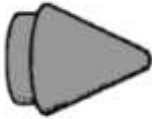
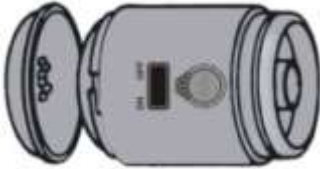
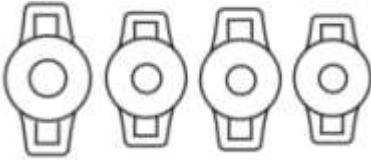
It is a completely non-invasive, external system. The ReClaim Vacuum Therapy System increases blood flow to the penis resulting in a rigid erection. A soft, comfortable ring is then placed at the base of the penis to hold the erection.

What is ReClaim's Intended Use

The ReClaim Vacuum Therapy System is intended to artificially produce an erection in males suffering from erectile dysfunction (impotence).

Components

The ReClaim vacuum therapy system contains:



Tension Rings:

Multiple sized rings.

Vacuum Pump:

Battery powered pump for facilitating an erection.

Mounting Cone:

Used to fit the tension ring onto the penile tube.

Penile Tube:

Creates a seal around your penis to achieve the suction resulting in the desired erection.

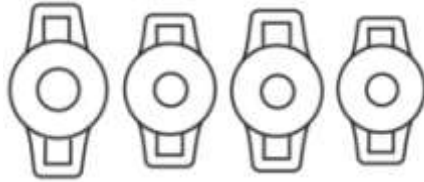
Water based lubricating jelly:

Used to create a proper vacuum and to help load the tension rings. Never use petroleum based lubricant on the rings.

Body Shield:

Used to create a barrier between the suction of the pump and your skin as well as preventing pubic hair from being caught in the vacuum.

Using the ReClaim Vacuum Therapy System

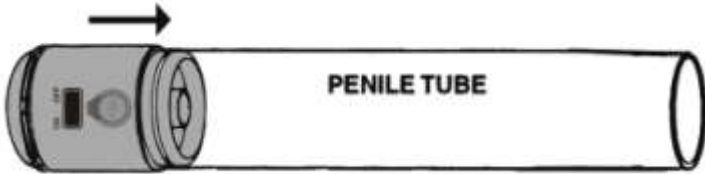


Selecting the right ring for you

It is important to have a properly fitted ring to retain blood in the penis and maintain a good erection. You will need to experiment to find the tension ring that's right for you.

Begin with the largest ring and determine if it is comfortable and provides a satisfactory erection. If not, try the second largest ring then the third largest ring and so on until you have a ring that provides a comfortable tight fit.

Note: If the vacuum unit gives you a good erection, and with the ring on your erection becomes soft within five minutes or less, you need to try the next smallest ring.



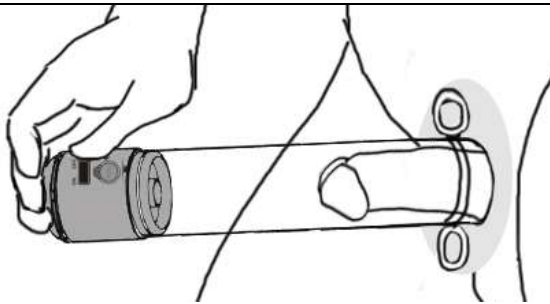
Attaching the battery pump

Attach the vacuum pump to the widest side of the penile tube.



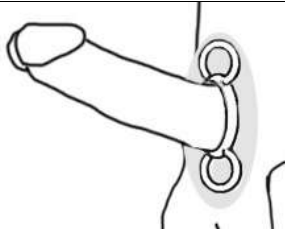
Loading the tension ring

1. Insert the mounting cone into the empty end of the penile tube.
2. Lubricate both the cone and the tension ring.
3. Place the system firmly between your thighs. Pull the sides of the ring and slip the ring pass the cone and onto the penile tube.
4. Remove the cone from the penile tube, and lightly lubricate the end of the penile tube and the base of the penis.



Achieving a desired erection

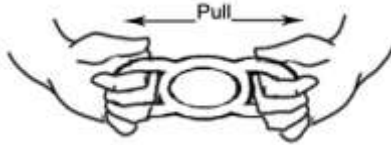
1. Lightly lubricate penis to prevent it from sticking to the inside of the penile tube during insertion and vacuum.
2. Place the body shield over the penis until it is snug and covering the pubic bone area and pubic hair. Place water soluble lubricant on the body shield. This will prevent scrotal tissue and/or hair from being pulled into the tube while creating a vacuum.
3. Insert the penis into the penile tube and apply slight pressure against the body at the base of the penis to assure a vacuum.
4. Push the switch to the ON position to engorge the penis with blood. When the penis is fully engorged, push the switch to OFF.



Holding the erection

1. Holding the penile tube against your body, slide the tension ring from the cylinder to the base of your erect penis.

NOTE: If a condom is desired, it should be put on as the last step. Do not wear a condom during the vacuum process. If you use a condom, put it on after the ring is in place.

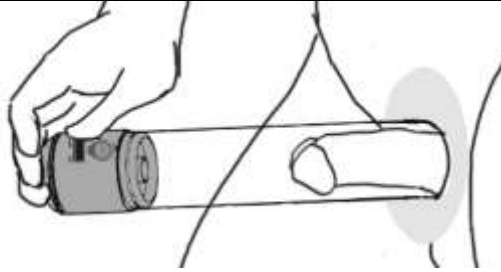


Removing the ring

1. After sex, remove the ring by pulling the handles. The ring will stretch and your erection will go down.
2. Pull the ring off the penis.

Using the ReClaim for Therapy

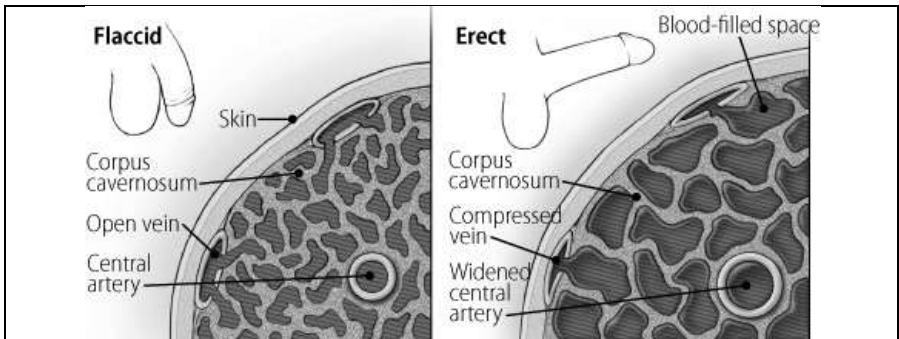
In the event that an erection has not been achieved in more than a year, the ReClaim Vacuum Therapy System may be used to help regain the ability to have an erection.



Day by day

1. Use the ReClaim Vacuum Therapy System to pull blood into the penis and achieve an erection as directed.
2. Hold the erection for 15 seconds.
3. Release the erection by letting the blood drain from the penis.
4. Repeat for a total of 5 repetitions for 3 minutes per day.
5. Repeat this process 3 times per week.

Note: It may take up to 4 weeks to achieve maximum results.



How does this work?

The pump will draw air out of the penile tube to create a vacuum. The vacuum then will draw blood into the shaft of the penis causing it to swell and become erect.

System Care

After each use, carefully clean and store the System as follows:

1. Remove the vacuum pump from the cylinder.
2. Wipe the pump with a damp cloth. Never wash or immerse the pump in water.
3. Wash cylinder and tension ring(s) with soapy water. **Never place any ReClaim component in dishwasher or microwave.** We recommend that you use liquid soap when cleaning your system. Rinse thoroughly.
4. Let all the parts air-dry thoroughly in a ventilated place before storing.
5. Be sure to store the system unassembled.

CAUTION

CONSULT YOUR PHYSICIAN IF ANY OF THE FOLLOWING COMPLICATIONS OCCUR. DISCONTINUE USE OF THE DEVICE IF ANY OF THE FOLLOWING COMPLICATIONS PERSIST.

- **Pinpoint-sized red dots** caused by bleeding under the surface of the skin of the penis (petechiae).
- **Black and Blue marks** or small area of bruising on the shaft on the penis.
- **Numbness, coldness, bluish-colored skin or skin breakdown** when the constriction band is in place.
- **Pain or bruising.** Knowing how to use the penis pump correctly can help you avoid injury to your penis.
- **Feeling of trapped semen.** You may feel like your semen is trapped when you ejaculate, or ejaculation may be painful

Do not leave the ring on your penis for more than 30 minutes. Prolonged use of the rings may cause permanent injury to the penis.

Talk to your doctor for more information regarding alternative treatments such counseling, drug therapy, hormonal therapy, vascular surgery and implanted prosthetic devices.

Warnings, Risks and Precautions

BEFORE USING THE RECLAIM VACUUM THERAPY SYSTEM, PLEASE READ ALL OF THE WARNINGS AND RISKS STATED IN THIS MANUAL.

Although penis pumps are safe for most men, there are some warnings and risks. Consult your doctor before using the any vacuum therapy and make sure to tell your doctor about all of your health conditions and any medication, blood thinners, vitamins or herbal supplements you take.

Warnings

- Do not use without your doctor's approval if the user is at an increased risk of bleeding because of blood-thinning medications.
- Do not use if you have sickle cell anemia, a history of prolonged erections, or are taking large quantities of aspirin or other blood thinners, as these conditions increase the risk of bruising and hematoma.
- Do not use if you have blood disorder that makes you susceptible to blood clots or bleeding.
- Do not use without doctor's approval if you have a reduced ability to feel pain.
- Do not use the device if you have decreased hand strength as this may make removal of the device difficult.
- Do not use under the influence of drugs or alcohol. These inhibit your ability to feel pain and may lead to bruising of your penis.
- Do not wear the constriction rings for more than 30 minutes at a time. Wait 60 minutes between uses.
- Using lubricants other than water based lubricant jelly such as petroleum based lubricant may affect the materials of the device.

Tension rings warnings

- Do not fall asleep while wearing the ring. Prolonged use of the rings may cause permanent injury to the penis.
- Wait 60 minutes between uses. Failure to do so may injure your penis.
- Do not use under the influence of drugs or alcohol. These impair judgment and risk injury to the penis.
- Misuse of rings may cause bruising, painful injury or permanent damage to the penis.
- Leaving the ring on for too long may damage your penis by restricting blood flow to your penis.
- Constriction rings do not prevent pregnancy.
- Use of tension rings may aggravate already existing conditions such as Peyronie's disease, priapism and urethral strictures.
- Use of tension rings may bruise or rupture the blood vessels within the penis or scrotum, resulting in petechiae, hemorrhage, or the formation of a hematoma.

Precautions

- Apply only the minimum amount of vacuum pressure necessary to achieve an erection; excessive use may bruise or injure the penis.
- Use the largest size ring that will maintain an erection. Using a ring that is too small may bruise or injure the penis.
- **Limit use of rings to no longer than 30 minutes per use.**
- **Prolonged use of the rings may cause permanent injury to the penis.**
- Use of vacuum pump may aggravate already existing conditions such as Peyronie's disease, priapism and urethral strictures.
- Use of vacuum therapy systems may bruise or rupture the blood vessels within the penis or scrotum, resulting in petechiae, hemorrhage, or the formation of a hematoma.

Risks

- Pinpoint-sized red dots caused by bleeding under the surface of the skin of the penis are not harmful and may occur even when using the device as instructed.
- Numbness, coldness or bluish-colored skin when the constriction band is in place may occur because the blood in the penis is mainly from the veins, not the arteries, which is warmer and pink in color.
- Pain or bruising: Knowing how to use the penis pump correctly can help avoid injury to your penis.
 - Slight bruising is normal when using the vacuum pump.
 - Stop use if severe pain occurs as this may be a sign that the penis is being injured.
- You may feel like your semen is trapped when you ejaculate, or ejaculation may be painful. This is not harmful but it may be cause discomfort.
- Misuse of the ReClaim Vacuum Therapy System could injure the penis.
- Device may bruise or rupture the blood vessels within the penis or scrotum, resulting in petechiae (a small purplish spot on a body surface, such as the skin or a mucous membrane, caused by a minute hemorrhage), hemorrhage (flow of blood from ruptured blood vessels), or the formation of a hematoma (localized swelling filled with blood resulting from a break in a blood vessel).

Troubleshooting

How you can manage common problems.

Problem	Likely cause	Remedy	Comments
No erection	No vacuum because of air leak caused by poor seal	Use more lubricant; apply firm pressure to body; trim pubic hair; check device for air leaks	Problem is most often associated with inexperience; it resolves as you become more adept at using the device
Partial erection	Incorrect cylinder size; incorrect insert or seal ring size; not enough practice sessions	More practice using device; use larger cylinder insert	Problem most often improves with continued use of device
Rapid loss of erection (in less than 5 minutes)	Vacuum lost because of air leak from faulty equipment, poor seal, inadequate lubrication, or excessive pubic hair	Same as for “No erection.” Also: use smaller cylinder insert; use smaller or double tension rings; remove tension band carefully	Requires that you experiment with varying sizes of seal rings, inserts, and tension bands; see your physician if you need help or support to persevere

Problem	Likely cause	Remedy	Comments
Delayed loss of erection (after 5 to 10 minutes)	Insufficient tension from bands or rings	Use smaller or combination of tension rings or bands; use the two-step application method (ask your physician about this)	--
Pulling of the skin of the scrotum	Lubricant on scrotum; improper pumping technique; too large insert or seal ring; inexperience with system	Remove lubricant from scrotum; use smaller insert or seal ring; use the modified pumping technique (ask your physician about this);	Problem may disappear as you become more adept at using the device. Continue with practice sessions; angle cylinder downward during pumping.
Penis feels cold (to you or your partner)	Constriction of blood flow to the penis; lubrication	Wash off lubricant before use	--
Penis pivots on its base	Constriction of blood flow to the penis	If manageable, apply the device after you have a partial erection	--

Discomfort or pain:			
<ul style="list-style-type: none"> • During pumping 	Too rapid pumping; pulling of scrotal tissue	Slower pumping; continue to use device	Problem usually resolves as you become more adept at using the device
<ul style="list-style-type: none"> • From tension ring 	Tension ring too small; Anxiety	Use larger tension ring; continue to use device	Problem usually resolves as you continue to use the device
<ul style="list-style-type: none"> • During intercourse 	Inadequate lubrication; pressure on a sensitive area	More lubrication; position changes	--
<ul style="list-style-type: none"> • During ejaculation 	Long period of abstinence; infection or inflammation of the prostate gland	Continue to use device	Problem usually resolves as you become more adept at using the device
Redness, irritation, or bruising	Too rapid pumping; over pumping	Slower pumping; fewer pumps	Consult your physician if this problem persists past the first few practice sessions



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