

To provide you with the correct size knee brace you have requested, please measure as follows:

Measure 4 inches (10 Cm) above the top of the kneecap while standing.
If at a half mark (i.e. 22.5), choose the smaller size.



1. Measure 4-inches from the center of your knee with tape measure, as shown.



2. At the 4-inch mark, measure around your thigh, as shown.

<u>Size</u>	<u>Measurement</u>	
	Inches	Centimeters
X-Small	11-14	28-35.5
Small	15-18	38-46
Medium	19-22	48-56
Large	23-26	58.5-66
X-Large	27-30	68.5-76
XX-Large	31-34	79-86