

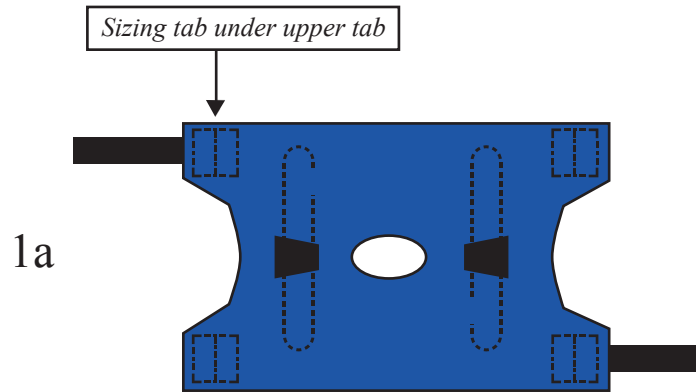


## INSTRUCTIONS GUIDE

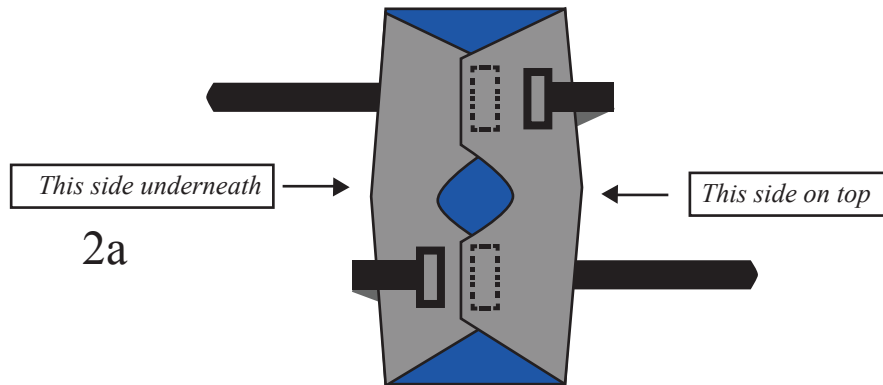
Position yourself in a comfortable position in which you can extend your knee on a stable surface.

This brace is designed to be worn under your clothing.

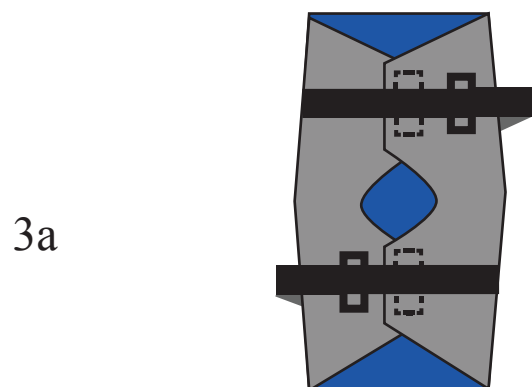
1. Expand the Knee Support knee brace completely with sizing tab under the upper right corner. (img. 1a)
2. Place knee on top of the brace making sure that hole is position on the underside of the knee.
3. Wrap tabs, first left then right, on top of knee and securely Velcro taps to each other around knee. (img. 2a)  
Leaving opening over the knee.
4. Bend knee to ensure brace is position correctly.  
If you cannot bend your knee, the brace is upside-down.
5. Take top strap and wrap around back of your knee.  
Put strap through the buckle and Velcro strap onto itself.
6. Repeat step 5 with bottom strap.
7. Adjust straps to create stability of knee but do not cut circulation off to the knee by over tightening. (img. 3a)



1a



2a



3a